

**Protocol for Critical Infrastructure Workers:
Designated by the Governor's Executive Order as essential to ensure
continuity of functions critical to public health and safety
(Separate protocols for healthcare workers, first responders, and County Health
and Human Services care providers)**

Exposed **– Asymptomatic

- Ten-day quarantine*
 - Twice-daily temperature check.
 - Monitor for respiratory and other symptoms suggestive of COVID-19 (e.g., new loss of taste or smell)
 - If source patient tests negative, quarantine can be lifted.
 - If source patient tests positive, refer for PCR testing, if it has been at least 5-7 days since the last date of exposure. Ten-day quarantine is still required despite a negative test, if tested prior to the end of the quarantine period.
- Pursuant to Executive Order N-27-2020, asymptomatic exposed employees covered by this protocol, may work, but will be placed on modified quarantine. They must wear a surgical mask while working.

Required precautions for exposed asymptomatic contacts allowed to reduce the quarantine period to ten days must:

- Adhere strictly to all recommended non-pharmaceutical interventions, including wearing face coverings at all times, maintaining a distance of at least 6 feet from others and interventions required below, through day 14.
- Use surgical face masks at all times during work for those returning after day ten and continue to use face coverings when outside the home through day 14 after last exposure date.
- Self-monitor for COVID-19 symptoms through day 14 and if symptoms occur, immediately self-isolate and obtain PCR testing.
 - If asymptomatic, can be released from quarantine after 12:01 AM on the 10th day.
 - If worker develops ANY symptoms, exclude from work, and refer for PCR testing unless within 7 days of symptom onset (see below)

Vaccinated persons* with an exposure to someone with suspected or confirmed COVID-19 are not required to quarantine if they meet all of the following criteria:

- Are fully vaccinated (i.e., ≥2 weeks following receipt of the second dose in a 2-dose series, or ≥2 weeks following receipt of one dose of a single-dose vaccine)
- Are within 3 months following receipt of the last dose in the series
- Have remained asymptomatic since the current COVID-19 exposure

Persons who do not meet all three of the above criteria should continue to follow current CDPH quarantine guidance after exposure to someone with suspected or confirmed COVID-19.

Exposed** – Symptomatic

- Exclude from work. Instruct in home isolation.
 - Twice-daily temperature check
 - Monitor for worsening respiratory or development of additional symptoms suggestive of COVID-19. (e.g., new loss of taste or smell)
- Refer for PCR testing.
 - While test is pending, continue home isolation.
 - If test is negative and no longer symptomatic.
 - If source patient ruled out, discontinue isolation and clear for work.
 - If source patient is positive, complete ten-day quarantine. May return to work during the quarantine period with a surgical mask as above when completely asymptomatic and afebrile for at least 24 hours without taking fever reducing medication.
 - If test is negative, but still symptomatic, an individualized assessment for other potential diagnosis (e.g., flu) is required to determine whether repeat testing may be indicated.

Positive COVID-19 Test

Symptomatic Workers with suspected or confirmed COVID-19 to remain on home isolation until all conditions are met:

- Resolution of fever for at least 24 hours since the last fever spike, without the use of fever-reducing medication **and** improvement in symptoms. (e.g., cough shortness of breath, sore throat).
- At least 10 days have passed since the *last positive test*. **Encourage workers not to retest for 90 days (unless known exposure and symptomatic)**

Workers with laboratory-confirmed COVID-19 who never had any symptoms:

To remain on home isolation until:

- 10 days have passed since the date of their last positive COVID 19 diagnostic test, assuming they have not subsequently developed symptoms. **Encourage workers not to retest for 90 days (unless known exposure and new symptoms).**
- If they develop symptoms, then the protocol for *symptomatic individuals* should be followed.

**Exposure definition: Close contact within six feet of an infected person for a cumulative 15 minutes or more within a 24-hour period.

Note: PH clearance is **not** required.