

Eight Conditions to ND Smart Restart

<p>Robust, widespread rapid testing capability</p>	<p>North Dakota is amongst the top ten in testing per capita. In total, *19,350 North Dakotans have been tested. In order to ensure efforts are ahead of the spread of the virus, a minimum number of tests must be completed per day. The testing goal is 1,000 tests per day in April; 4,000 tests per day by the end of May; and 6,000 tests per day by the end of June. With effective isolation and quarantine measures this will equate to less than one transmission per positive case by the end of June. The 14-day average for positive cases detected was 33.6. If testing goals are met, this rate should decrease each month.</p> <p><i>*As of April 25, 2020</i></p>
<p>Robust contact tracing and infrastructure</p>	<p>A major contact tracing effort has been implemented. North Dakota has trained 270 contact tracers with a goal of 500.</p>
<p>Targeted effective quarantine and isolation</p>	<p>Effective contract tracing methods help reduce transmission rates as positive cases are identified and must self-isolate for at least 14-days. Individuals who have also been in contact with a positive case and/or have traveled out of North Dakota must self-quarantine for at least 14-days.</p>
<p>Protections for the state’s most vulnerable</p>	<p>Plans are being developed for at-risk populations within the following categories: Individuals who have high-risk health conditions but want to return to work; Individuals in long-term care facilities such as assisted living centers, nursing homes, etc.; Individuals who work with at-risk populations; Individuals who are at risk (due to age or other factors) and are home bound or who choose to stay home, stay safe; and individuals who are sheltered due to domestic violence, without a permanent residence and/or experience homelessness.</p>
<p>Sufficient health care capacity, hospital/ICU beds</p>	<p>North Dakota is effectively flattening the curve to protect vulnerable populations and support frontline healthcare workers. This measure provides insight into available capacity in our health care systems for COVID-19 patients, and when it is at risk for exceeding the capacity threshold. Targeted utilization, and the next 14-day projection, will not exceed hospital bed capacity. Currently, North Dakota has an average of 8.7% hospitalization rate for patients with COVID-19.</p>
<p>Adequate PPE availability for the healthcare system and public</p>	<p>North Dakota will ensure there is adequate availability of PPE for the healthcare system and the public as needed. Currently, healthcare providers and first responders have access to adequate PPE.</p>
<p>New standard operating procedures for reopening</p>	<p>General guidelines have been developed for employers to decrease the spread of COVID-19 and lower the impact in their workplace. This includes activities in the following areas: reduce transmission among employees; maintain healthy business operations and maintain a healthy work environment (see appendix F).</p>
<p>Plans for dealing with a resurgence or additional waves of COVID-19</p>	<p>Plans for dealing with resurgence or additional waves of COVID-19 are continued wide-spread testing efforts, contact tracing and mandated self-isolation and quarantine measures. Future plans will require:</p> <ul style="list-style-type: none"> • Better data to identify areas of spread and the rate of exposure and immunity in the population; • Improvements in state and local health care system capabilities and public-health infrastructure; • Adequate medical supplies; and • Therapeutic, prophylactic, and preventive treatments and better-informed medical interventions that give us the tools to protect the most vulnerable people and those requiring acute and critical care services.